Please call 403 394 9075 for services.

HealthyWorker is a Division of HD Occupational Health Services Corporation
HealthyWorker - Bay 4, 542 39th Street North, Lethbridge, Alberta, T1H 6Y2
Phone: 403 394 9075     Secure Fax: 403 394 9055    Clinic: clinic@healthyworker.ca

ON-SITE MOBILE, IN CLINIC TESTING SERVICES, AND OTHER SERVICES
- Drug Testing and Collections – Urine / Oral Fluid / Hair – Also Basic Urinalysis
- After Hours / Post Incident / Post Accident - Clinic and Mobile Services: Call 403 715 8311
- Alcohol Testing: Breath / Saliva - DNA Testing
- Spirometry / Pulmonary Function Testing
- Audiometric - Hearing testing (mobile 2 booths, approximately 8 workers per hour) + Audiologist
- Custom Hearing Protection – Authorized Distributor for Custom Protect Ear
- Vision Screening – Titmus / Registered Nurse / Optometrist Expedited Appointments
- ECG – Interpreted or Not Interpreted
- Employment Medicals - Physician, Registered Nurse, and Certified Occupational Health Nurse
- Physical Demands Confirmations
- Respirator Fit Testing – Qualitative and Quantitative
- Blood Laboratory Testing with Occupational Medicine Physician Review
- Asbestos / Silica / Coal Dust Health Assessments (Spirometry / X-Ray / Occ MD Review)
- Tuberculosis Screening and Express Immunization Services
- Workers' Compensation Board Alberta – COHN(C) Claim Assistance Services
- Non Work Related Injuries and Conditions – Return to Work Planning Services
- Occupational Medicine Physician – Independent Medical Examination Services
- Substance Abuse Professional (SAP) Coordination Services
- Air Quality Assessments
- Compressed Breathing Air Testing – Required every 6 months
- Noise Assessments and Hearing Conservation / Noise Management Programs
- Ergonomics Assessments
- DOT FMCSA Drug and Alcohol Policies and Programs
- DOT FMCSA Driver and Supervisor Training
- DOT FMCSA Random Pool Drug and Alcohol Consortium Services
- DOT FMCSA Sleep Apnea Assessments using a Certified Chain of Custody
- DOT FMCSA Substance Abuse Professional Assessments and Follow Up
- Canadian Employer - Drug and Alcohol Policies and Programs
- Company Specific Drug and Alcohol Policies and Programs, and On-Site Testing
- Supervisor and Worker Drug and Alcohol Awareness Training
- Staffing: Registered Nurse / Advanced First Aider / EMT-P
- Authorized Vendor for: Lifeloc Breathalyzer / ZOLL AED / Acoustical Solutions
- Medical Supplies Distributor: Wound Seal / First Aid Equipment/Supplies
- First Aid Instruction on Site and In Clinic: Standard / AFA / Emergency / Recertification
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Drug, Alcohol, Urinalysis, and DNA Occupational Health Services

**Drug Testing and Collections**
- POCT (Point of Collection Testing) / EXPRESS testing 5-12 panel or custom panels
- Certified Laboratory Drug Testing and Certified Medical Review Officer Services
- Urine, Oral Fluid (THC ONLY, 6 Panel and 9 Panel available), and Hair Testing.
- *****FENTANYL 200ng/ml urine POCT now available
- DOT FMCSA – Department of Transportation Federal Motor Carriers Safety Administration – Collections, Laboratory Testing, and other components
- Non DOT – Certified Laboratory Testing and Confirmations for Drug and Alcohol
- Custom Drug Testing Panels and Procedures to meet any requirements.
- Pre-employment / Post Offer / Reasonable Suspicion / Reasonable Cause / Post-Accident / Post Incident / Return to Duty / Follow up / Observed Collections / Pre-Access / Certification / Annual Requirement / Company Policy Requirement / and other testing requirements to meet Company Policies
- Date Rape Drug and Post Intoxicant Exposure Assessments by Urine and/or Hair Certified Laboratory Testing
- Walk in / Private Assessments for individuals confirming their current status
- Pardon and Clearance Certified Laboratory drug testing for United States Entry
- Return to Work Drug and/or Alcohol Testing for Company Specific Policy Compliance

**Basic Urinalysis**
- Chemistry Strip initial analysis and Laboratory Testing

**Alcohol Testing**
- DOT FMCSA - Approved Evidential Breath Alcohol Testing Devices
- DOT FMCSA – Certified Breath Alcohol Technicians
- Non DOT – Breath Alcohol / Saliva Alcohol / Urine Alcohol Testing

**DNA Testing**
- Oral Swab collections and Laboratory Reporting
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**Occupational Health Services**

**Spirometry**
- Certified Spirometry Technicians

**Audiometric - Hearing Testing** (mobile 2 booths, 8 workers per hour average)
- Certified Audiometric Technicians
- Attenuated Sound Booths as required by Occupational Health and Safety Alberta

**Vision Screening**
- Registered Nurse vision screening by confrontation
- Titmus Vision Screening
- Depth Perception / Colour Differentiation / Contrast Confirmation / Snellen

**ECG - Uninterrupted or Interpreted**

**Physician, Registered Nurse, and Certified Occupational Health Nurse Medicals**
- Class 1 Driver’s Medicals
- Company Specific Medical Evaluations
- Post Offer / Pre-employment / Yearly / Health Surveillance
- Bona Fide Occupational Requirements Assessments
- Return to work confirmations for ability to perform duties assessments
- Chiropractic Musculoskeletal / Neurological Assessments

**Physical Demands Confirmations**
- Lifting / Carrying / Pushing / Pulling / Krause Weber / Ladders / Stairs / Climbing
- Many other types of physical confirmations.

**Blood Laboratory Testing with Occupational Medicine Physician Review**
- Company Specific Requirements for Exposure Monitoring
- Blood Lead Monitoring Programs
- Pesticide Exposure
- Pre-access Lipids/Cholesterol / Fasting Glucose
- And any other blood testing that may be required by Company Specific Policies.
Occupational Health Services – continued.

**X-Ray for Health Surveillance**
- Silica / Coal Dust / Asbestos Exposure Monitoring
- Any other Company Specific Diagnostic Imaging requirements

**Respirator Fit Testing**
- CSA Z94.4 Standard of Testing including prior to use Health Surveillance
- Registered Nurse Fitness to Wear Confirmation
- Workers may bring their own Respirator for the assessment
- ALL WORKERS MUST SHAVE PRIOR TO ANY RESPIRATOR FIT TESTING
- Qualitative Testing - Up to 4 Workers may be tested at the same time

**Respirators available at our Lethbridge location:**
- N95 – 3M 8511 / 8110S / 8210 / 9210 / V Flex
- Half – 3M 6100S / 6200M / 6300L / 7501S / 7502M / 7503L
- Half – Scott Excel 7420-102 S/M and 7402-104L
- Half – North 5500M / 5500L / 7700M / 7700L
- Half – MSA Advantage 200LS Small / Medium / Large
- Full – 3M 6700S / 6800M / 6900L
- Full – North 5400-1 M/L and 7600 M/L
- Full – MSA 4100S / 4100M / 4100L
- Full – MSA Ultra Elite Medium and Ultra Elite Large

**Quantitative Respirator Fit Testing**
- Calibrated PortaCount - Adapters for: Scott / North / MSA / Sperian / 3M

**Occupational Health and Safety Alberta – Part 4 – Section 40**
- Health Assessments for Workers exposed to Asbestos, Silica, or Coal Dust
- Chest X-Ray Single View PA
- Spirometry
- Health Status Questionnaire
- Review and reporting by a Certified Occupational Medicine Physician
Please call 403 394 9075 for services.
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Certified Occupational Health Nurse (Canada) Services

**Tuberculosis Screening and Express Immunizations Services**
- Expedited TB Skin Testing and Reading for Company Specific Policy Requirements
- Express Travel Vaccinations and other Standard Vaccination Requirements

**Workers’ Compensation Board Alberta – Claim Assistance Services**
- Employer Claim Assistance
- Employer Education
- Private Claim Assistance for Workers
- Return to Work Planning Assistance
- Medical Professional Liaison Services

**Non Work Related Injuries and Conditions – Return to Work Planning Services**
- Employer Claim Assistance
- Employer Education
- Private Claim Assistance for Workers
- Employer Return to Work Planning Assistance
- Private Medical Professional Liaison Services for Workers
- Employer Medical Professional Liaison Services

**Occupational Medicine Physician – Independent Medical Examination Services**
- Telehealth video and telephone consultations and assessments
- Employer assistance for complex injury and condition management
- Occupational Health Nurse, Chiropractic, and other Specialist Services

**Substance Abuse Professional (SAP) Coordination Services**
- Department of Transportation – Federal Motor Carriers Safety Administration Certified Professional Counselling / Reporting Services for post Positive Drug / Alcohol Testing
- Non DOT Employer and/or Worker Counselling / Reporting for post Positive Drug / Alcohol Testing Results.
- Follow-Up Drug and/or Alcohol Testing to meet SAP advised programs for follow up
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Occupational Hygiene Services

**Air Quality Assessments**
- Welding / Manufacturing / Silica / Concrete / Drywall / Processing / Food Production / General Air Quality / Offices and other types of testing
- Certified Laboratory Testing
- Occupational Health and Safety Alberta Legislation compliant reporting
- Experienced Occupational Health Technicians arrange all collections, testing, and reporting

**Compressed Breathing Air Testing – Required every 6 months**
- Certified Laboratory Testing
- Occupational Health and Safety Alberta Legislation compliant reporting
- Experienced Occupational Health Professionals perform all service components

**Noise Assessments and Hearing Conservation / Noise Management Programs**
- Calibrated Monitoring / Testing / Dosimetry Devices and Equipment
- Occupational Health and Safety Alberta Legislation compliant reporting
- Professional Noise Management and Hearing Conservation Programs
- Employer guidelines for Hearing Protection for Noise Exposed Workers
- Experienced Occupational Health Professionals perform all service components

**Ergonomics Assessments**
- Physical Demands Analysis for each unique position in the work area
- WCB AB Form C545 completion for file
- Experienced Occupational Health Professionals perform all service components
- Office position assessments and work station set up to reduce strain injuries
- Company specific assessments and form completion for position development
- Documented changes that are advised for the position to reduce the risk of injury
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Please call 403 394 9075 for services.

Department of Transportation – Federal Motor Carrier Safety Administration

DOT FMCSA - HealthyWorker Available Services

**DOT FMCSA Drug and Alcohol Policies and Programs**
- Physical manuals or electronic manuals for ease of search and access
- Flow sheets for actions to perform for incidents / accidents and other scenarios
- Good Faith Effort Documents
- Driver Qualification File Set up and Annual Driver File Maintenance
- PSP Driver Report Preparation
- Criminal Background Checks
- Auditor Assistance for DOT- Certified Compliance Safety Specialist
- Review of Claims History Services
- NEW - POST INCIDENT KITS FOR VEHICLES for Laboratory Testing in the US

**DOT FMCSA Driver and Supervisor Training**
- Driver / Safety Sensitive Duties Workers - Drug and Alcohol Training
- Supervisor Substance Abuse Reasonable Suspicion Drug and Alcohol Training

**DOT FMCSA Random Pool Drug and Alcohol Consortium Services**
- All Companies operating commercial motor vehicles in the US must belong to a Random Pool for drug and alcohol testing
- Certified Random Pool Electronic Draw Process as required by DOT FMCSA
- No Charge for Random Pool Inclusion, no charge for new client intake, and no annual or monthly fees (effective January 01, 2016 to December 15, 2016)

**DOT FMCSA Sleep Apnea Assessments using a Certified Chain of Custody**
- At home overnight secure monitoring for drivers requiring sleep apnea assessments

**DOT FMCSA Substance Abuse Professional Assessments and Follow Up**
- Certified SAP services to assist with all mandatory components of the return to work process for any Driver or worker that tests positive prior to any further entry to US
Canadian Employer - Drug and Alcohol Policies and Programs

Company Specific Drug and Alcohol Policies and Programs
- Our current standard program follows the Construction Owners of Alberta Association “Canadian Model” for Workplace Drug and Alcohol Testing
- Company Specific components may be included for other at risk drugs by geographical area including Fentanyl, Benzodiazepines, Ketamine, and Methadone
- Provincial Human Rights Act compliant policies to protect Employers and Workers
- Full Clinic, On Site Mobile, 24/7 Post Incident/Accident, Reasonable Suspicion Drug and/or Alcohol Testing to meet your Company Specific Policy Requirements

Supervisor and Worker Drug and Alcohol Awareness Training
- Driver / Safety Sensitive Duties Workers - Drug and Alcohol Training
- Supervisor Substance Abuse Reasonable Suspicion Drug and Alcohol Training

On-Site and in Clinic Drug and Alcohol Testing
- Pre-Access Testing to meet a Client Drug and Alcohol Program Requirement
- Pre-employment / Post Offer Screening for new hires / contractors
- Campaign Mobile Testing on-site for larger employers and work sites
- In clinic testing for worker not available during campaign testing
- After Hours Testing on-site or in clinic – Must be arranged on contract, please contact HealthyWorker for details 403 394 9075.
- Custom Drug Panels to meet Company Policy Requirements for any drug for urine, oral fluid, or hair testing.
- Laboratory Testing or Laboratory Confirmations for non-negatives with Medical Review Officer services for objective information for Corporate Review

Vendor Supported Substance Abuse Professional Assessments and Follow Up
- Certified SAP services to assist with all mandatory components of the return to work process for any worker that tests positive prior to any return to work.
CONTACT INFORMATION

HealthyWorker
Bay 4, 542 39th Street North,
Lethbridge, Alberta, T1H 6Y2
Phone: 403 394 9075
Secure Fax: 403 394 9055
Clinic: clinic@healthyworker.ca

President – Darcy Hansen RN, COHN(C)
hd@healthyworker.ca
Cell: 403 715 8311

CEO – Steven Dunkin BSc. Kin
hd@healthyworker.ca
Cell: 403 915 2598

Normal Lethbridge Clinic Hours: Monday to Friday 0800hr to 1700hr
Lethbridge Clinic closed for all statutory holidays but available for after-hours testing.
24/7 online scheduling for Drug and Alcohol Testing on our website homepage.
www.healthyworker.ca
(For complex medicals and mobile services, please call 403 394 9075 to book.)

After Hours and Post Incident Services (24/7) - CONTACT NUMBERS
President - Darcy Hansen cell: 403-715-8311
CEO - Steven Dunkin cell: 403-915-2598

After Hours Fees apply to all After Hours Services.