



ALBERTA ASSOCIATION FOR SAFETY PARTNERSHIPS

SPEAKER BIOGRAPHIES

2019 AGM And CONFERENCE

THURSDAY, SEPTEMBER 26



ALLAN J. MOORE, CRSP
'Safety Leadership Café'
KEYNOTE SPEAKER

Allan (Al) is a storyteller who has travelled to over fifty countries and worked on 4 continents. He holds a Master of Arts in Leadership Degree and has been a CRSP since 2010 serving on the BCRSP Professional Conduct Committee since 2017.

In addition to his travels, he has over 13 years' experience in environment, health and safety; 10 of those years working for Wood Environment & Infrastructure Solutions (formerly known as Amec). Al began his speaking career doing stand-up comedy at Yuk Yuks, The Comic Strip and the Laugh Shop comedy clubs. He then moved onto a position in Taiwan working as a mandarin translator and HSE Manager with Stanley Tools. In this position he was tasked with presenting Stanley's corporate programs to the various Stanley offices and key suppliers around Taiwan and China through speeches and workshops in Mandarin (which Al learned living in Taiwan a few years prior).

Ten years ago, Al moved back to Calgary to begin working for Wood Environment & Infrastructure Solutions in their OHS department. In this position he frequently delivered safety speeches to project personnel on major projects for a variety of clients such as Enbridge, Imperial Oil, Suncor, TransCanada, Nalcor and many others.

TESTIMONIALS

"Allan provided a great presentation that kept everyone in the room engaged in the learning process. His colourful story of a real-life adventure was used to demonstrate differences in leadership styles and the ultimate outcomes. I would highly recommend Allan as a speaker to inject a positive energy into any group."

Ken Kozakewich, MBA, P.Eng. | Chief Executive Officer, Consulting Engineers of Alberta

"Learning is best achieved, when fun, laughter and challenging our minds are part of the mix. The Safety Leadership Café ensures your cheeks are sore from smiling, your abdominal muscles are sore from laughing, and your mind has opened up to a myriad of new potential approaches to managing and hinking about our collective professional OHS world. Highly recommended"

**Paul Carolan, MSc, CMIOSH, CRSP, Chartered Safety Professional | CSSE Conference Moderator,
Government of Nunavut - Workplace Health, Safety & Wellness Division**



ALBERTA ASSOCIATION FOR SAFETY PARTNERSHIPS

SPEAKER BIOGRAPHIES

2019 AGM And CONFERENCE

THURSDAY, SEPTEMBER 26



DR. IFE ABIOLA, BSc, MD
Medical Director, 420 Clinic
DINNER SPEAKER

Dr. Ife Abiola joined the 420 Clinic in 2016 and has become a recognized authority in the scientific and medical applications of cannabis. Participating in numerous televised talks and forums detailing the necessity of education regarding cannabis, he has consulted and presented for such groups as Alberta Health Services, Peter Lougheed Hospital, Canadian Orthopedic Nurses Association and several other organizations and levels of government.

He is a key member of the 420 Advisory Management team, providing cannabis education for medical, corporate and government clients. Dr. Abiola attended the University of Lethbridge, where he majored in Biological Science, with a focus on Behavioral Ecology in the laboratory of University president Dr. Bill Cade. He transitioned into medicine, completing his basic science, topical medicine and infectious disease observerships at the Spartan Health University School of Medicine and clinical rotations at Norwegian American Hospital in Chicago. He assisted in the Access at Madison Clinic Suboxone program for patients suffering from opiate dependency in 2014 before completing his degree in 2015 with a focus in Internal Medicine and Pain Management.

PRESENTATION

“High Stakes: The risks one year into marijuana legalization”

This presentation will focus on what has happened in the cannabis industry since becoming legal. Dr. Abiola will detail how cannabis and the industry has changed our behavior with the use of other medications and illicit drugs that effect the workplace. How it has affected the economy, healthcare system and how the next year will compound those challenges and risks if it is not done correctly.



ALBERTA ASSOCIATION FOR SAFETY PARTNERSHIPS

SPEAKER BIOGRAPHIES

2019 AGM And CONFERENCE

FRIDAY, SEPTEMBER 27



GRAHAM LOWE
The Graham Lowe Group
KEYNOTE SPEAKER

Graham Lowe has over 30 years of organizational, labour market, and policy consulting experience across Canada and internationally. He is president of The Graham Lowe Group Inc., a workplace consulting and research firm. He also was a founding partner (2005–08) of the Great Place to Work® Institute Canada.

He is Professor Emeritus at the University of Alberta and has been a visiting professor, lecturer, and researcher at other universities in Canada, Europe, and Asia. Graham is the author of *Creating Healthy Organizations: How Vibrant Workplaces Inspire Employees to Achieve Sustainable Success*. He currently is working on a thoroughly updated 2nd edition of this book. His latest book, with Frank Graves, is entitled 'Redesigning Work: A Blueprint for Canada's Future Well-Being and Prosperity.' He has given hundreds of conference talks and workshops across Canada and internationally.

PRESENTATION

Building Resilience into Your Health, Wellness & Safety Strategy

Resilience is an old concept that is finding new resonance today. Decades ago, psychologists studied the sources of personal resilience among children who overcame significant disadvantages to succeed in school and life. Now, the concept of resilience is being applied to leaders and organizations. The Harvard Business Review calls resilience the new leadership skill. It also is a crucial psychological health and safety skill. Resilient people don't bounce back; they bounce forward, finding new strength and equilibrium. They move to a new normal that enables them to keep progressing toward a better future. Resilient people find opportunities and renewed strength as they confront change. Resilient leaders proactively respond to stressors, learn from failure, develop renewed strengths and show others how it is possible to thrive in the face of adversity. As an OHS leader, there are actions you can take to foster a work environment that supports others to be resilient. This requires you to building resilience into your organization's health, wellness and safety strategy. The result will be a stronger culture of health and safety.

Learning Objectives:

Participants in this interactive session will be able to:

1. Understand what resilience means and how it is a vital OHS skill today
2. Connect resilience to the broader concepts of 'psychological capital' and 'transformational leadership'
3. Include resilience as a key feature of a psychologically healthy and safe workplace
4. Apply resilience skills in their day-to-day role as an OHS leader.
5. Support their organization to develop individually and team resilience.



ALBERTA ASSOCIATION FOR SAFETY PARTNERSHIPS

SPEAKER BIOGRAPHIES

2019 AGM And CONFERENCE

FRIDAY, SEPTEMBER 27



TIM KESSLER
inHabit Wellness

Ergo Wellness Specialist, Tim Kessler, conducts workspace assessments and wellness training, and provides consultation on designing healthy work environments. His experience in personal wellness, Occupational Health and Safety, and high-stress work environments provide Tim passion for empowering his clients to gain physical mobility, remedy stress, and to design healthy work habitats. Tim started his journey in workplace wellness from a combination of experience working in fitness, mental health, and OH&S.

As a personal trainer straight out of university, Tim differentiated his style by integrating personal growth strategies into his fitness programs for a more holistic approach to fitness and well-being. After 6 years in personal training, Tim was looking for deeper work with people around mental health, so he stepped out of fitness and into the 'front-lines' as a youth counsellor. Working in a high-stress shift-work environment quickly showed Tim how fitness, nutrition, and goal setting alone were not enough to manage a stressful work environment, so he got to researching and visioning what a healthy workplace could look like and started bringing ideas and gadgets into the workplace.

Soon after, Tim developed stress management workshops where he taught simple and effective strategies for managing stress both through habit formation and through changes to the work habitat. Tim's efforts got the attention of local and provincial OH&S committees where he volunteered his time to campaign for wellness and self-care in the workplace. In 2014, Tim opened inHabit and began delivering workplace specific training, assessments, and workplace equipment all focused on aiding workers and their employers in forming healthy, active, and productive workplace cultures.

Today, inHabit is a growing local business and is serving clients across sectors such as Property Management, Environmental, OH&S, Social Service, Education, and more.

PRESENTATION

Habits of a Healthy Workday

During Tim's presentation you will learn about workplace wellness and you - well-being and stress. What are habits of a healthy workday? Learn about six valuable exercises you can incorporate into your workday. Learn how to identify stressors and signs of stress and how your work habitat effects health and performance. Tim will talk about the science and implementation of the habits of a healthy workday and provide resources and standards to follow.



ALBERTA ASSOCIATION FOR SAFETY PARTNERSHIPS

SPEAKER BIOGRAPHIES 2019 AGM And CONFERENCE

FRIDAY, SEPTEMBER 27



IAN HOOPER
Director of Partnerships

PRESENTATION
Partnerships Update

Ian Hooper is the Director of Partnerships in Injury Reduction (Partnerships) of Alberta Labour. Ian has been with Partnerships for 17 years. Before undertaking the role as the Director in 2013, he was a Partnerships Consultant and worked with Certifying Partners in the areas of quality assurance and the development of program standards.

Prior to joining Partnerships, Ian worked with the Workers' Compensation Board, Alberta for over 17 years with the Employer Services Division, in various supervisory and professional roles. Ian holds a Bachelor of Commerce Degree and an Occupational Health and Safety Certificate, both from the University of Alberta.



ROBERT DAY
Licensed Paralegal | Licensed Investigator
CSP, Grad IOSH, CPP, PCI, CPMSIA, CRSP, CHRP, Fire Eng Tech

PRESENTATION
Integrity Advocate

Robert Day is a licensed Paralegal (Licensed by the Law Society of Upper Canada) and Investigator (Licensed by the Government of Alberta) with over twenty-five years of industry experience in the risk management field in jurisdictions including, but not limited to, Canada, USA, United Kingdom, China, and France. Mr. Day advises on industry needs, privacy best practices and regulatory/due diligence requirements as it relates to the use of training and online delivery.

Mr Day will talk about the use of online training, the potential impact of poor worker participation on safety performance and demonstrating organizational due diligence as well as the technology solution utilized by the AASP to verify the identity and participation of workers completing training online.



ALBERTA ASSOCIATION FOR SAFETY PARTNERSHIPS

SPEAKER BIOGRAPHIES 2019 AGM And CONFERENCE

FRIDAY, SEPTEMBER 27



ADELE TAIT, BA, BSc.
Investigation Specialist/Acting Manager
Alberta Justice

PRESENTATION

Update from Alberta Justice

Adele Tait has a 4-year B.Sc. in Biology and a 3-year BA in Sociology. She has worked for the Government of Alberta for 18 years. For 13 of those years Adele spent her time in the field as a Lead Investigator working primarily in northern Alberta investigating fatal and life altering work related incidents.

Many of those cases resulted in charges which gave Adele an opportunity to work with Alberta Justice to canvass opportunities for creative sentencing options related to these cases. In an attempt to truly improve the health and safety at work sites, Adele focused on safety information gaps that related directly back to the cause of the incident. Some very successful creative sentences emerged that have longevity and continue to improve the health and safety of work sites in Alberta and beyond. The best practices for working on ice surfaces was a collaborative effort of research, engineering technical groups made possible through creative sentencing.

In 2014, Adele's role evolved into the Investigation Specialist for the OHS provincial investigation team. The focus was to liaise with Alberta Justice, injured workers, next of kin and the OHS organization to design and propose meaningful sentences. In 2016, Adele presented "the Cure for the Cause" at the Alberta Restorative Justice Conference. It is recognized that a truly meaningful sentence not only improves health and safety at worksites but also has a restorative aspect for the corporations convicted.

The success of the role has been supported by the Alberta Ministry of Labour by dedicating resources to ensure these sentences have the appropriate oversight and transparency.